

AMERICAN LEADERSHIP ACADEMY

Dear Parent/Guardian,

We are thrilled that your child is interested in trying out for the American Leadership Academy Queen Creek High School Pom Team! Our athletes are positive role models on campus and in the community. We expect them to be examples of school policy regarding attitude, attendance, academics and sportsmanship. As members of the ALA Pom Team, students will learn the importance of commitment, teamwork and responsibility.

The included documents will inform you about our program and help prepare your child for tryouts. Team members will need the full support of their parents/guardians. Therefore, there is a required parent/applicant meeting for students interested in trying out on **Wednesday, May 1** at **6pm** in the cafeteria. We will provide important information and answer any questions. After the tryout process is completed and the final teams are selected, an additional meeting will be held at a later date to discuss final details and team expectations for the upcoming year.

Please take time to read and discuss this information with your child. Membership on an ALA Pom Team will require an extensive time commitment outside of school hours, including but not limited to games, practices and competitions. This program may not be for everyone. Jobs, family obligations, and social activities may need to be rescheduled in order to meet the responsibilities and obligations inherent to and advanced program. There is also a considerable and unavoidable financial commitment that goes along with membership. If after reviewing these documents, your child would like to try out for the ALA Pom Team, please carefully follow the included instructions.

As the current state championship winners, we know that holding this title comes with responsibility and sacrifice. We are excited for this upcoming season and look forward to working with you and your student. Being part of an ALA spiritline will lead to lasting friendships and incredible memories. We thank you for your support!

Sincerely,

Ashley Palma
Head Pom Coach
apalma@alaskhools.org

Rich Edwards
Athletics Director
redwards@alaskhools.org

Chris Moss
Director
cmoss@alaskhools.org

AMERICAN LEADERSHIP ACADEMY QCHS SPIRITLINE APPLICATION

I will be trying out for:
(please mark your first choice)

_____ JV POM (Aug. 2019) _____ VARSITY POM

Name:

Last	First	Middle
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Address:

Street	City, State	Zip Code
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Date of Birth: _____ Gender: _____

Grade in 2019-2020: ___ 9* ___ 10 ___ 11
 ___ 12

*In accordance with AIA regulations, freshman are not eligible to participate until the start of fall season. Tryouts for incoming freshman will be held at a later date. Information will be provided on the athletic department website.

Contact Information

Student Cell: _____

Mom Cell (Guardian): _____

Dad Cell (Guardian): _____

Student Email: _____

Parent Email: _____

Parent 2 Email: _____

*PLEASE FILL OUT COMPLETELY IN BLUE OR BLACK INK.
TURN IN THIS ENTIRE PACKET TO MICHELLE HANNA IN THE
ATHLETIC DEPT OFFICE BY **3:30PM ON FRIDAY, MAY 3.**

INFORMED CONSENT AND ACKNOWLEDGMENT AGREEMENT

ALA QCHS Spiritline Tryout Participation Agreement

I, _____, parent/guardian of
_____ give my permission for my child to try
out for the American Leadership Academy QCHS Spiritline.

I understand that my child is required to be in good physical condition and that the activities that he/she will be asked and expected to participate in are strenuous and require physical and athletic agility. It has been fully explained to me that these activities include, but are not limited to, a variety of advanced tumbling and dance skills, including moves that require the participation of more than one member of the team. I am aware that the dance choreography will include varied high-level technique skills and flexibility. It has also been explained to us that as in any sports activity, spiritline has a risk of injury and that the participation of my child could lead to serious injury.

I honestly state that to the best of my knowledge and belief, my child has no physical, medical or mental disability or other limitations that would restrict his/her ability to fully participate in tryouts and/or on the spiritline.

By signing this agreement, I acknowledge that I fully understand the risk of physical injury involved with the athletic activity of pom and accept responsibility for this decision by giving my consent to have my child to participate in American Leadership Academy QCHS Pom tryouts and I do not hold the coaches, ALA, or chaperones liable for loss, damage to personal property, or injury to my child.

In addition, if my child is chosen to be on the team, I understand and agree to the time and financial commitment required to participate in the ALA Pom program, as outlined by the coaching staff.

Parent/Guardian Signature

Date

TRYOUT INFORMATION

- Parent/Applicant Meeting: **Wednesday, May 1 at 6pm** in cafeteria
For all parents and applicants, to review program commitments and answer any questions.
- Tryout Packet: Tryout packets can be picked up in the Athletic Department office.
They must be filled out in ink and returned to the Athletic Department on **Friday, May 3.**
- Tryouts: Tryouts will be held in the dance room on **Wednesday, May 8 from 3-6pm.**
- Register: **IMPORTANT:** All athletes **must** have completed an online athletic packet **prior** to tryouts. Please see the informational sheet at the back of this packet to understand how to complete that process. Students without a clearance card will **not** be able to participate in tryouts.
- Tryout Attire: Black leggings, navy t-shirt; dance shoes
ALA dress standards apply.
Hair must be secured and out of face.
Absolutely no jewelry. No gum.
- Observation: Tryouts will be closed to all observers, including parents. No cellphones or recording of any type will be permitted.
- Skills to be tested: Double toe touch
Kicks
Leaps
Triple pirouette (right side)
8 a-la-seconde/fouette turns
Box turns (optional)
Right or left side aerial
- * Do not be discouraged if you are unable to do one of these skills; you may be stronger in another area.
You can't make it if you don't try out!

FINANCIAL COMMITMENT

The expenses below are the responsibility of each individual member and must be paid in full by the scheduled payment plan date. These costs go toward costuming, choreography, music, travel, clinic and competition fees. When traveling, additional expenses may occur, including but not limited to, costs for food or in town transportation.

Varsity - \$1600

Can be paid in four payments:

1st Payment due May 15	\$400
2nd Payment due June 15	\$400
3rd Payment due August 1	\$400
4th Payment due September 1	\$400

JV - \$1200

Can be paid in four payments:

1st Payment due May 15	\$300
2nd Payment due June 15	\$300
3rd Payment due August 1	\$300
4th Payment due September 1	\$300

All payments must be submitted **on time** and by above deadlines or your student will be **dropped** from the spiritline program.

If you are interested in donating with ECA, this can only be done on your **final** payment. You may make the payment online at alaschools.org/tax-credit. Please indicated Queen Creek 7-12, Athletics, and your student's name. Please email a copy of your receipt to the coach and Athletics secretary.

If you have a financial hardship that would prevent your student from participating, please contact us before May 15, and we will work to develop a plan with you. Students may also be asked to participate in fundraising to pay for additional expenses.

SPIRITLINE COMMITMENT

Participating on a spiritline team requires significant time commitments for games, practices, performances and competitions. Students are expected to be at all spiritline activities. Please be aware that time commitments include, but are not limited to the following activities:

Summer intensive practice (July 29-August 2, 2019)

Weekly after school practices (T/W/Th 3:00-4:30pm)

Football and basketball games

Assemblies each semester, including dress rehearsals and early-morning call times

Competitions, including qualifiers and states

School promotion events

Additional rehearsals before competitions

Competition commitments:

AIA State Qualifiers: Nov/Dec, TBA

AIA State Competition: TBA

United Spirit Association Dance Nationals: March 19-21, 2020

Additional time may be required for team meetings, photography sessions, travel, fundraising, team building activities, or other activities. Failure to attend all commitments may result in a student being ineligible to perform or compete.

DUAL-PARTICIPATION FORM

Name: _____
 Last First Middle

ALA encourages students to be involved in school sports, activities and organizations. We understand that coordinating conflicting schedules can be difficult, and we will work to accommodate you. Please inform us if you are going to tryout for/participate in a second sport or school activity that may conflict with pom. We will do our best to work with campus coaches, sponsors and administration so that students can participate in all desired activities. However, please note that the following practices and performances are mandatory for participation on the pom team: state qualifiers, regional qualifiers and nationals.

Please list any ALA teams or activities you would like to try out for/participate in during the 2019-2020 school year:

_____	_____
_____	_____
_____	_____

ACADEMIC INFORMATION

Pom Team members are expected to maintain high academic standards while participating on the competitive teams. Coaches will routinely check grades to ensure students are in good academic standing. In order to try out, students must be passing all current classes.

Course	Grade	Teacher Signature
0.	<hr/>	
1.	<hr/>	
2.	<hr/>	
3.	<hr/>	
4.	<hr/>	
5.	<hr/>	
6.	<hr/>	
7.	<hr/>	

POM PROGRAM TRYOUT CHECKLIST

- Parent/Applicant Meeting: Wednesday, May 1 at 6pm in cafeteria
- Pom Team Application
- Informed Consent/Acknowledgment Agreement
- Dual Participation Form
- Academic Information
- Signed ALA QCHS Pom Team Contract

I have attended the informational meeting and have read the rules and regulations for being a part of an ALA QCHS Spiritline. I have been clearly presented with the expectations of the program and understand the consequences of not meeting the program's expectations.

Applicant's Signature

Date

I have attended the informational meeting and have read the rules and regulations for being a part of an ALA QCHS Spiritline. I agree to support my daughter/son in fulfilling the responsibilities and obligations of being a team member as designated by the coach. I am extremely aware that my child has been clearly presented with program expectations and the consequences if he/she does not meet those expectations.

Parent/Guardian Signature

Date

AMERICAN LEADERSHIP --- ACADEMY

2019-2020

ALA Queen Creek High School
Pom Team Contract

**After you have read through the entire contract, please sign and date in ink. Submit this complete application packet by May 3 to be filed with the Athletic Department. Students without a contract on file will be considered ineligible to participate. We are glad to provide you with an additional copy for your records.

PURPOSE:

- To represent American Leadership Academy.
- To exemplify RAISE values through attitude, excellence and sportsmanship.
- To learn the importance of commitment, teamwork and responsibility.
- To be a positive role model on and off campus.

ELIGIBILITY:

- Must be enrolled in a minimum of three courses on campus and on target to graduate.
- Must have a passing grade in all classes.
- Coaches will periodically check classes. Any student not passing classes will be recommended for tutoring and may be placed on probation.
- Students will follow all AIA, district and campus guidelines.

ATTENDANCE:

- Students must follow all school policies regarding tardies, absences, excusing absences and consequences for excessive absences.
- Students may be ineligible to perform with more than one absence in a week, depending on the situation.
- Students must attend a minimum of four classes on the day of a game or performance in order to participate.
- Any student with more than one absence in a week may be ineligible to participate, depending on the student's situation and circumstance.
- Students may be ineligible to participate with with excessive absences from practices, games or performances.
- Students may be ineligible to participate with an unexcused absence from a practice, game or a performance.
- If a student has a conflict with scheduled event, it must be approved by coach two weeks prior to the event, except in the event of an emergency.

REHEARSALS/PERFORMANCES/ACTIVITIES:

- Students must be properly dressed and on time to all team rehearsals/performances/activities.
- Students must wear proper attire to all practices, performances and activities and maintain ALA dress standards. Hair and makeup must be in accordance with team standards.
 - Practice: Navy t-shirt, leggings
 - Choreography/Clinic: Team shirt, black leggings (girls), shoes
 - Performance/Competition: proper uniform, including all shoes, accessories and necessary undergarments
 - Activities: ALA dress standards, team gear as designated for event
- Students are not to wear jewelry of any sort. This is an AIA/NFHS regulation.
- Students must wear hair pulled up, secured and out of face. Student must make changes if asked by coach.

- Students are responsible for all uniforms and team apparel. Students will be responsible for the cost of any replacements.
- Students are given the use of locker rooms during class time and must provide their own lock. ALA, coaches or the campus are not responsible for any lost or stolen items.
- Phones are to be put away and out of sight during practices, games, and performances.
- Students must travel to and from all activities with the team. Exceptions must be approved by coaches prior to the event and may not be granted.
- Students are expected to behave with respect at all events; this includes time before the performances, entering/exiting, and interactions with others. Students will not enter the football or basketball stands without permission from a coach.
- While in uniform, the attention of all team members will remain on the game/performance/activity at the time.
- Coaches may pull a student from a game/performance/activity at their discretion.

COMPETITIONS AND SPIRITLINE EVENTS:

- While in uniform, the attention of all team members will remain on the game/performance/activity at the time.
- Squads will fulfill the “Philosophy of Spiritline” stated in AIA bylaws 36.3 before competing.
- It is up to the coaches’ discretion which members will compete. Coaches reserve the right to add/replace a student for competition.
- Students may have additional expenses for competition.
- Additional mandatory practices will be set up for competition.
- If any student misses practices two weeks prior to competition, she may be replaced and may not compete.
- All members must be at all spirit events. Schedules are released by coaches as they become available. Athletic schedules can and often do change.

SAFETY:

- All athletes’ safety is our number one concern.
- Proper clothing should be worn at all times to help prevent injury.
- New skills/tricks should be approved by coaches prior to performing and should be practiced with proper spotting.
- All injuries need to be reported immediately to a coach. Injuries will be assessed by trainer/nurse.

COMMITMENT:

- As a pom team member, students commit to all team practices/performances/events.
- This includes attending from start to finish -- not arriving late or leaving early.
- Failure to fulfill these commitments may result in being ineligible to perform/compete and/or dismissal from the team.
- Students may also be dismissed from the team for failure to pay all fees in full on designated deadlines.

DISCIPLINARY ACTION:

The following actions may result in a student being ineligible to perform/compete:

- Required skills are not met.
- Student has an injury that requires a doctor's note of approval before returning to practice.
- Insubordination or disobedience toward any coach, captain or team member with delegated responsibility.
- Poor attitude.
- Unexcused absence from performance or rehearsal.
- Excessive absences and/or tardies.
- Ditching any classes.
- Failing to follow a school policy.
- Not following the rules of the Pom Team contract.
- Inappropriate pictures or comments on the internet, social media sites, and/or text messages, etc.
- Any form of bullying.
- Any other situation that may arise at the discretion of the coaches or school administration.
- Ineligible athletes must:
 - Attend all practices, performances and events unless suspended from school.
 - Follow all rules of practices, performances and events.
 - Understand that failure to follow these rules may lead to extended ineligibility.
 - Realize that 3 instances of ineligibility may lead to dismissal from the team.

Students may be dismissed from the team at the discretion of the coach and/or administration if:

- Violating the rules of the Pom Team contract.
- Receiving an "F" in any class on a progress report or semester grade.
- Actions that include, but are not limited to, smoking, drug use, vaping, alcohol use, profanity at school or an event, excessive absences and/or tardies, ditching class, violating school policy, in appropriate use of internet, social media sites, and/or text messages, etc. Bullying of any kind will not be tolerated.
- Dismissed athletes:
 - Must return all uniforms, team gear and school property.
 - Are not eligible for end-of-the-year awards or recognition.
 - Will not receive refunds for payments or fees.

Please make sure you have read and filled out this complete packet in ink. Return the entire packet to Michelle Hanna in the Athletic Department office.

By signing this agreement, I acknowledge that I have read, fully understand and will abide the rules and regulations of the ALA Queen Creek Pom Contract. In accordance to school policies and regulations, students will not be able to practice until this agreement is on file with the ALA QCHS Athletic Department. I understand that if I/my child choose(s) not to follow these rules, disciplinary action will be enforced.

Student (please print)

Student signature

Date

Parent (please print)

Parent signature

Date